



•WATERFRONT•
VILLAGE

The Navigator

A neighborhood-based membership organization
of paid staff, volunteers, and vendors
supporting Southwest Waterfront and Navy Yard residents
who wish to age in place.

Issue 62 - April 2022

Waterfront Village Volunteers Make Light Work

It would be impossible for the Village staff to operate efficiently and effectively without the support of others. Members and volunteers help to keep the trains moving. We have seen this demonstrated over the last few weeks and look forward to even more collaboration among staff, members and volunteers.

Many thanks to the volunteers of Waterfront Village who spent many hours supporting the Village recent outreach campaign to Southwest residents. They stuffed and sealed envelopes that contain a brochure and a letter, inviting residents of Southwest to join Waterfront Village as a member, supporter, or volunteer. A total of 3,856 letters went out, and we are already receiving inquiries in response to the letters.

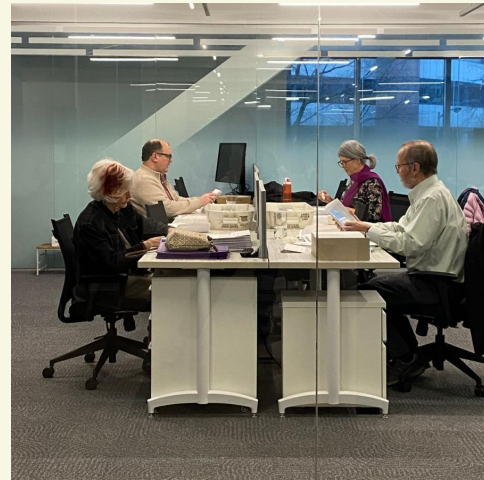
"My mother often told me that many hands make for light work, and that certainly was the case with the large number of volunteers we had for the bulk mailing effort," said Len Bechtel, the Village's executive director. "It would have taken staff forever to complete that much work on our own."

There are several specific action items for which additional assistance will be needed, and all members and volunteers are invited to consider pitching in. First, the Village needs members who are willing to serve as points of contact (POCs) for those in the community seeking more information about the Village. We would love to connect interested individuals with someone who lives in the same building or who has common interests. The role of the POC is to reply to emails and connect with someone via phone.

Second, we are looking for Village Mentors to partner with new members on a short-term basis, emailing or calling them several times during the first six to eight weeks of their membership. The Mentor would be expected to invite the new member to attend events and/or reach out to the new member for a cup of coffee or a walk in the neighborhood. We believe that by directly connecting new members with our current members, they will be encouraged to take advantage of their much easier for new Village members to fully enjoy their membership.

Third, Waterfront Village is exploring grants from foundations and other public grants organizations for funding to expand our work on behalf of older adults in Southwest DC and the Navy Yard. We welcome anyone with grant-writing experience or an interest in conducting research about funding opportunities to join our Development Committee, under the leadership of Village Board Member Ed Peterman.

The opportunities described above may be short or long-term commitments, and can be flexible to fit most schedules. Please consider being a part of the Waterfront Village team. If you want additional information or have questions about the work, please send an email to Pam or Len at the Village general address (info@dcwaterfrontvillage.org) or call 202-656-1834.



Special Thank you to our Mailer Volunteers

Ardith Harle
Jim Harle
Kathy Trickey
Carroll Quinn
Ed Peterman
Diane Renzulli
Carrie Bryson

Rachel Hecht
JoAnn Scott
Phil Weeks
Elaine Riccio
Bonnie Harris
Johanna Cummings
Janet Miyazaki
Gale Kaufmann

Stephanie Eicher
Peter Eicher
Helen Mulkeen
Beth Hall
Amanda Taylor
Bob Craycraft
Akiko Sprague

SW Chamber Players Return with 25th Anniversary Concerts

On Friday April 1, 7:30 p.m. and Sunday April 3, 2:30 p.m. at St. Augustine's Episcopal Church, the Southwest Chamber Players will return to the stage after a two-year COVID-19 hiatus with two concerts celebrating their 25th year entertaining in Southwest DC.



The Players are comprised of highly skilled musicians who enjoy performing for local audiences, said Village Member David Ehrlich, who leads the Players. Ehrlich added that the two concerts will feature different pieces from great masters such as Bach, Mozart, Beethoven, Schubert, Mendelssohn, Brahms, and Dvorak, to name just a few. In addition, you'll see a few familiar faces, as several Waterfront Village members will be performing in the concerts.

The Friday concert will be live-streamed and can be viewed on the website link below. This year, the concert will provide an opportunity for donations to be made to Waterfront Village, though entry to the concert is free. All audience members must be vaccinated.

Southwest Chamber
Players

Member Assessments Identify Risks and Solutions

Members who are struggling with health and mobility issues may want to consider requesting a member assessment from the Village. The member assessments are conducted by a licensed social worker who interviews the member and tours the member's home to identify risks. Upon analysis, the social worker provides the member with a report on risks and challenges and recommends follow-up actions to mitigate those risks.

"These assessments can change lives for the better," said Len Bechtel the Village's executive director. "The assessments can reveal unknown problems and get them addressed."

The assessments are free to members through a grant from the Friends of Southwest DC. To request an assessment for you or a family member, please contact the Village on 202-656-1834.

In-Person Happy Hour is Back! Care to Host?

Friday, April 8, 5:00 pm

We are excited to welcome back the in-person Waterfront Village Happy Hour. We would love to find some members who are willing to host these small gatherings.

Our first happy hour is scheduled for Friday, April 8. Let us know if you are willing to host either at your home or as our contact with a local watering hole.

Please note that you must register for this event in order to attend. You can register on the website, call the office at 202-656-1834, or send an email to info@dcwaterfrontvillage.org or ptroutman@dcwaterfrontvillage.org





Village Town Hall Meeting Tuesday, April 19, 7:00 p.m.

Waterfront Village looks forward to the opportunity to connect with all of its members via zoom. The staff will provide some updates on programs and activities, including our move to new office space.

Special guests also have been invited to attend. Watch the daily bulletin for the zoom link to this event!

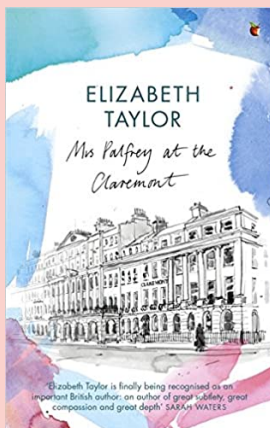
Baltimore... Here We Come! Wednesday, May 11

We are excited to announce the first Waterfront Village day trip in over two years. We'll head north to Baltimore to enjoy the beauty of the sea at the world-famous Baltimore Aquarium. This is a special place full of amazing creatures, Buses will depart at 8:30 from a Southwest location and return around 5:00 p.m.



After the aquarium we will enjoy another of Baltimore's specialties, Italian food in Little Italy. Time permitting, we will also take in one of the factory tours of a local company.

We will travel by Chariots for Hire and the cost for the trip will be \$120.00. This will include the transportation, aquarium entrance, and meal. We need your RSVP by Wednesday April 11 to ensure we have enough people to make this happen.



Village Book Club

Thursday, April 21 at 2:00 p.m.
Hybrid meeting, SW Library and Zoom

This month the book club will be enjoying *Mrs. Palfrey at the Claremont*, by Elizabeth Taylor. This book, published in 2006, rings true today, as it tells the tale of characters who cross paths when one of them, Mrs. Palfrey, relocates to a hotel-residence to begin a new phase of life, and finds that life is not quite what she expected. Taking a close look at the changes that come with growing older

and friendships that can come from unexpected places, the character development in this book will draw you in.

The book club is always looking to welcome new members and this group is a great way to meet members of the Village.

Smithsonian Craft Fair Returns In-Person April 20-24 National Building Museum

The Smithsonian is pleased to be gathering in person for their craft fair with the theme "Future Focus."

This is always an outstanding presentation of top designers and crafters from around the country. This year's venue, the National Building Museum, is always a special place to visit.

Waterfront Village can purchase groups tickets at a discounted rate of \$10 (that's a 50% discount!) if we have ten people interested. Tickets are good for any day of your choosing. If you would like to purchase a ticket, please email Pam at ptroutman@dcwaterfrontvillage.org.

To learn more about the Craft Fair, click the button below.

[Smithsonian Craft Fair 2022](#)



New Website Rollout is a Hit!

We are happy to have crossed the bridge from our old website and member system to our new platform, Helpful Village.

The feedback that we have received from many members is overwhelmingly positive. Please reach out to us if you are NOT receiving the weekly or daily bulletins. We have worked with several members to solve this issue and we do not want anyone to miss out on important information that is distributed that way.

Email Pam at ptroutman@dcwaterfrontvillage.org if you need assistance.

Still haven't been to the new website? Click below to take look!

[Waterfront Village Website](#)

RECURRING EVENTS

Village Walking Club

Tuesdays at 9:30 a.m.

Thursdays at 3:00 p.m.

Location: Meet at 4th and M Street

These walks will remain local walks; there is always the opportunity to do a shorter walk! Check your email or call the office at 202-656-1834 if the weather is questionable.

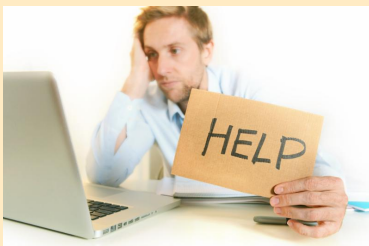


Walking Club enjoying the Tidal Basin at sunrise

Relaxing Meditation with Anandaroopaa

12:00 p.m. Wednesdays

Take some time for yourself and stop by this Zoom session that will guide you through a time of reflection and self care. The zoom link will be sent out in the weekly and daily bulletins.



Technology Boot Camp

Wednesdays, April 6 and 20 at 3:00 p.m.

Location: Zoom Session

Lacking confidence in your ability to use videoconferencing platforms, or hoping to use your smart phone for more things? Attend these meetings with our technology team for conversation and get helpful hints on how to use computers, smart phones, televisions, and tablets.

Music and Movement with with Bob Sacheli and Roy Barber Thursdays at 11:00 a.m. via zoom



This program is a very special offering that we are happy to include on our calendar. Bob and Roy are highly trained, caring individuals who aim to support you on your journey by providing this class. The class will help you embrace movement of both body and spirit. The first class is free, additional classes are by donation, suggested amount is \$5-10; payment can be made via paypal at @RobertSacheli. Please email Pam to be included on the zoom link distribution class.



Grocery Shopping Shuttle Thursdays at 1:00 p.m.

Join us on Thursdays for a trip to Harris Teeter! We are happy to provide a grocery shuttle to Harris Teeter and back. Register for this service on the Village website or email Pam at ptroutman@dcwaterfrontvillage.org

This program is currently available for full members; we will keep you posted if we can offer it for all members in the future! Harris Teeter offers a 5 percent discount on all purchases made on Thursdays.

Chair Yoga with CHV Thursdays at 4:00 p.m. Location: Zoom Session

Chair Yoga is a version of Yoga that does not depend as much on balance and strength but still provides movement and flexibility exercises. Led by Capitol Hill Village.



Alzheimer's Support Group Location: Zoom Session April 28 at 11:00 a.m.

If you or someone you know is caring for a relative with Alzheimer's Disease, please know we are here for you! Taking care of yourself is critical; connecting with others who are going through this journey is one of the best ways to get needed assurance and support. This monthly group currently meets via zoom. For information on the meeting, please email Carroll Quinn at: sequin643@gmail.com.



amazonsmile

You shop. Amazon gives.

Calling All Amazon Shoppers!

Thank you to our members renewing during the month of March:

Chris Beck
Sandy Carroll
Bob Craycraft
Barbara Friedman
Robert Evans
Duggee Hatry
Susie Humphreys
Jud Long
Anne Rensberger
Judith Winston
Michael Winston

Special Welcome to New Members Joining Us in January:

Christina Cerna
Vyllorya Evans
Leonard Latham
San Myint
Stephen Rose

Amazon offers an identical yet parallel website called Amazon Smile.

Each time you shop and order on this website instead of the regular Amazon website, Amazon will donate a small portion of the order amount to a charity of your choosing.

Please consider shopping on Amazon Smile and designating the Waterfront Village as your charity!

Click below to learn more.

Amazon Smile for
Waterfront Village

Need help paying for your Waterfront Village membership?

Through a grant provided by Friends of Southwest DC, the Village is able to offer subsidized memberships to older adults with limited incomes.

Please call the Village on 202-656-1834 if you would like to discuss how to qualify for a reduced-rate membership.

For Causes You Cherish

While it's understandable to not want to talk about legacy plans, getting your inheritance wishes in order is one of the greatest gifts you can bestow upon your loved ones.

If Waterfront Village is a cause you cherish, please use the link below to access information about the Village Legacy Society and planned giving opportunities. Send an email or call the Village on 202-656-1834 if you have any questions or would like additional information.



Waterfront Village is a 501(c)(3) public charity (EIN 81-1859871) incorporated in the District of Columbia is a member of the DC Villages collaborative and the Village to Village Network, operating under the guidance of the District of Columbia Department of Aging and Community Living.

Leonard Bechtel
Executive Director

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www.dewaterfrontvillage.org