

• WATERFRONT •
VILLAGE



The Navigator

A neighborhood-based membership organization
of paid staff, volunteers, and vendors
supporting Southwest Waterfront and Navy Yard residents
who wish to age in place.

Issue 55 - September 2021

Message from the Executive Director

The COVID-19 virus remains an unpredictable opponent. Just when we think it is safe to get together again, the Delta variant throws us a curve and forces us to reconsider our safety. But that is not going to stop the Village. We will find a way!



Two months ago, we were happy to announce that we would be holding in-person meetings again, and last month's lead *Navigator* article focused on our anniversary celebration at the Wharf. Given the high turnout we are expecting at the celebration and the emergence of the Delta variant, the Village Board has made the decision to hold the celebration virtually, on October 3 at 2:00 p.m. While we will lose the in-person experience, the Board has directed our staff to plan the most amazing digital event that the Southwest DC and Navy Yard area has ever seen.

Mark your calendars now. We will have great food, entertainment, inspiring speeches, and the Village's first annual service awards to the leaders, volunteers and supporters who help make this Village special.

Virtual events are not new to us as we have proven over the past 18 months how fun, informative and effective they can be. With this event, we will go one step further and add home-delivered food, drinks and other surprises to the festivities. Imagine your joy when you receive the party-in-a-package at your doorstep! We also are encouraging small groups of vaccinated members to get together for watch parties.

In the next few days, you will receive the invitation to the virtual celebration. We ask that you RSVP by Friday, September 24, so we can prepare the party packages and arrange delivery. I hope you will be able to join us on October 3.

Waterfront Village Presents Safety Series

This fall we are looking forward to a three-part series on safety at home. It is always preferable to plan to avoid emergencies, and we believe these three events will point members to some excellent resources with regard to safety planning. All meetings will be conducted on Zoom.



Tuesday, September 14

Fire Safety, presented by the DC Fire Department and Office of Emergency Management

Monday, October 4

Emergency Response Systems and 911's Smart 911 Service

Wednesday, November 3

Fall Prevention, presented by Melissa Bressler, Occupational Therapist, Handy Pro



District Offers Hearing and Utility Assistance For Qualified Residents

Hearing Aid Support

The District's HAAP program provides financial assistance to those who have purchased hearing aids between June 1, 2018 and September 15, 2021. There are income restrictions on this program. To be directed to the site, click [Hearing Aid Assistance](#).

Utility Bill Assistance

Stay DC is a District program that assists tenants and landlords with utility bills and rent. If you are a renter or landlord, reach out to this program; you may be surprised to find that you qualify! Call 833-478-2932 or click [Stay DC](#)

Spotlight on Services: Transportation



Each month in the Navigator we will be reviewing some of our member benefits. This month we are highlighting transportation, which is a benefit of full membership.

Sixteen rides are available to full members via our wonderful corps of volunteer drivers. Twelve of these rides are designated for medical appointments; four additional rides are also available. One ride is defined as a round-trip to an appointment. To arrange a ride, send an email to Pam at ptroutman@dcwaterfrontvillage.org or call the Village office at 202-656-1834.



Keep Connected with our Bridges Group for those with Mobility Challenges!

**Wednesday September 8
11:00 a.m.**

Location: Zoom

It is important to stay connected to other people even if it is difficult to leave your home. This group meets monthly in a zoom session. New members are encouraged to stop by! We had a nice gathering last month that included an update on local transportation resources.

Please contact Pam at ptroutman@dcwaterfrontvillage.org for more information.



Breaking Bread Socials

We continue to connect over our shared love of food. Mark your calendars and plan to come out to enjoy the company of other Waterfront Village members. Locations will be announced closer to the event.

September: Sandwich Social
Wednesday, September 22nd,
11:30 a.m.

October: Pies, Tarts and Tea
Thursday, October 21st,
4:00 p.m.

November: Blue Plate Special
Restaurant Event
Monday, November 9th,
5:30 p.m.

**Even if the food is not to your
taste, we're sure the company
will be!**



Calling Gourmet Cooks!

Excited about tasting foods from all over the world? Interested in trying your hand at some new cooking techniques? The Waterfront Village is exploring interest in a Gourmet Club. Members would gather in small groups at one another's homes to enjoy some gourmet fare. Each member of the group would be assigned an item (appetizer, side dish, salad, main course, dessert, etc.).

If you are interested, please email Pam at ptroutman@dcwaterfrontvillage.org. This group will need a critical mass to get started, and the kick-off will be dependent on Covid issues as well.

SW Needlework Group Invites Waterfront Village Members

The SW Needlework Group invites you to join them on Mondays and Fridays from 10:00 a.m. to noon at the Duck Pond. This three-year old group gathers to work while sharing supplies, ideas and instruction. The group includes needle workers experienced in knitting, crochet, needlepoint, and quilting. If you are interested in learning we are happy to teach and share supplies. Contact Stephanie Eicher at eichersx@hotmail.com if you have questions or would like more information. The group does not gather in the event of rain.



Waterfront Village Steps Up to Help Refugees Collections Wednesday September 8 and Friday September 10

The recent images coming out of the Afghanistan withdrawal have been difficult and heartbreaking. Many local community groups have mobilized to support those recently arrived in our area who need household necessities.

To that end, we are working with Homes Not Borders, a local organization that is assisting refugees with resettlement. Please consider contributing any spare bedsheets, silverware, or pots and pans to these efforts. Sheets must be in good condition and clean; twin sheets are most in need, while king sheets are not needed.

To facilitate these donations, Bob Craycraft and Pam Troutman will be picking up contributions from Village members. To sign up for a pick-up, please register for this event on the calendar. It will be listed on Wednesday September 8th and Friday September 10th in the afternoon. If these times are not convenient please email Pam at ptroutman@dcwaterfrontvillage.org or call the office to schedule a different pick-up time. Depending on the number of participants, we will likely have a two-hour window when you can expect the pick-up. Thank you for your support!



Please Register for Events!

Please be sure to register for events on the Waterfront Village website or call the office at 202-656-1834 to assist with registration. Your registration helps us gather accurate information about what programs are of interest to you, our members, and also assists us with reporting out to our various sources of funding. Thank you!

CALENDAR OF EVENTS

Rescheduled S'more Social **Friday September 3rd, 3:00 p.m.** **Waterside Towers, Poolside Deck**

We'd be delighted to see you as we say good-bye to summer with some old-fashioned s'mores and a chance to connect with your friends and neighbors.



This event will be held at the upper Patio of Waterside Towers. You must register for this event by NOON on Friday the 3rd so that we can have an accurate guest list for this event. If you need assistance registering, the office is happy to help you; just give a call! The number is 202-656-1834.

**TANGLED UP
IN BLUE**

**POLICING THE
AMERICAN CITY**

ROSA BROOKS

Village Book Club: Tangled Up in Blue **Thursday, September 9, 2:00 p.m.**

Location: Recreation Pier near Hank's Oyster Bar

This month the book club will dive into the current hot topic of policing in America as we read *Tangled Up in Blue*, by Rosa Brooks. A Georgetown University law professor, Brooks attended the DC police academy and then spent four years as a volunteer reserve patrol officer with the Metropolitan Police Department. Her book offers a fresh look inside the world of policing. Take some time to read this book and join us as we discuss this important topic.

Travel Club Kick-Off New Club! **Monday, September 13th, 3:30pm** **Location: Zoom**

Satisfy your travel dreams from the comfort of your own home. Join us this month for the inaugural meeting of the travel club. This month we'll be visiting Australia, the land down under.





Fire Safety Presentation
DC Emergency Management Services
Tuesday, September 14th, 11:00 a.m.
Zoom Presentation

This presentation will be the first offering in our Autumn Safety Series. We'll hear a presentation on Fire Safety in the home that is focused particularly on safety issues for older adults. Please register for this program on the Waterfront Village website.

Back to School Sandwich Social
Wednesday September 22, 11:30 a.m.
Location to be announced



September means back-to-school for children all across our country. We can all remember the return to school ritual and excitement, or perhaps the disappointment that comes with the end of summer! Who remembers what was in your lunchbox as you returned to school? Brown bag lunches await you this September as we gather for a sandwich social. These will not be your mother's peanut butter and jelly sandwiches! Submit your favorite sandwich suggestions to Pam at ptroutman@dcwaterfrontvillage.org. We'll have an offering of interesting updates on the sandwich, including a few international twists on this American lunchbox staple!

Don't forget...if the food is not to your taste, we're sure the company will be!

2021 LGBTQ Intergenerational Symposium: Building Community
Friday, September 24th and Saturday September 25th
Kick-off Event Thursday September 23rd

This city-wide symposium, sponsored by the 13 DC Villages, is open to the LGBTQ community and their allies. This year's theme is Building Community. Events are available virtually and in-person. There will be a kick-off on Thursday night at 6pm. Friday's programs run from noon to 5 p.m. Saturday's programs run from 10 a.m. to 2 p.m.



For additional information contact sross@capitolhillvillage.org or call Capitol Hill Village at 202-543-1778 extension 204. Click the button below to register.

LGBTQ Symposium
Registration

Mini Golf Outing

Thursday, September 30th, 12:00 noon

Location: District Wharf at Jitney Dock



Join as we venture to the oldest continually operating miniature golf course in the country! The East Potomac Park's miniature golf course is a quick trip across the water in the Jitney and is situated between the Potomac River and the Washington Channel. We'll enjoy a round of mini golf and some good company. This will be a self-pay event, but please register online!

RECURRING EVENTS

Technology Boot Camp

Wednesdays, September 1 & 15 at 3:00 p.m.

Location: Zoom Session



Lacking confidence in your ability to use videoconferencing platforms, or hoping to use your smart phone for more things? Attend these meetings with our technology team for conversation and get helpful hints on how to use computers, smart phones, televisions, and tablets.

Staying Connected for Those with Mobility Challenges

Wednesday, September 8th, 11 a.m.

Location: Zoom Session

Please register online and stop by this zoom to build community and share resources for those with mobility issues.

Village Walking Club

Thursdays at 8:00 a.m.

Location: Meet at 4th and M Street

We'll continue our early time to beat the heat! Join other Village members for strolls around the neighborhood. We will try to keep the walks different from week to week, and have a short option as well as a long option. Please remember to register as a walker each week on the Village website. Walks may be cancelled due to rain or heat during the summer months. Meet at the Farmer's Market by the Waterfront Metro Station





Grocery Shopping Shuttle Thursdays at 1:00 p.m.

Join us on Thursdays for a trip to Harris Teeter! We are happy to provide a grocery shuttle that provides transportation to Harris Teeter and back. Register for this service on the Village website or email Pam at ptroutman@dcwaterfrontvillage.org

Chair Yoga with CHV Thursdays at 4:00 p.m. Location: Zoom Session

Chair Yoga is a version of Yoga that does not depend as much on balance and strength but still provides movement and flexibility exercises. Led by Capitol Hill Village.



Alzheimer's Support Group Thursday, September 23rd, 11:00 a.m. Location: Zoom Session

If you or someone you know is caring for a relative with Alzheimer's Disease please know we are here for you! Taking care of yourself is critical; connecting with others who are going through this journey is one of the best ways to get needed assurance and support. This monthly group currently meets via zoom. For information on the meeting, please email Carroll Quinn at: sequin643@gmail.com.

Village Happy Hour Fridays at 5:00 p.m. Location: Zoom Session

By a vote of all members present at the July 30th happy hour, the Village Happy Hour will continue every Friday evening at 5:00 p.m..

After a long week, come unwind with your neighbors over drinks, snacks, and gossip.



Three easy ways to register for and attend WFV events:

1. Log into our website and hit the Events tab to learn more, and then RSVP online*
2. Email your request to: events@dcwaterfrontvillage.org
3. Call the Village at 202-656-1834
4. Check the Village's daily email for Zoom meeting links.

***Call 866-457-2582 weekdays 8:30 am - 7 pm for help with your online registrations**



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You shop. Amazon gives.

Calling All Amazon Shoppers!

Thank you to our members renewing during the month of August:

Susan Axelroad
Jim Dean
Rachel Hecht
Tom Kemp
Susan and Morris Klein
Dick and Leslie Lang
Jean Sammon
CA Stillions

Special Welcome to New Members Joining Us in August:

Andrea Collins
Anne-Marie Engel
Julien Engel
Sue White
Lillian Sedgwick

Amazon offers an identical yet parallel website called Amazon Smile. Each time you shop and order on this website instead of the regular Amazon website, Amazon will donate a small portion of the order amount to a charity of your choosing. Please consider shopping on Amazon Smile and designating The Waterfront Village as your charity!

Click below to learn more.

Amazon Smile for
Waterfront Village

Waterfront Village Committees

See listing below for dates and times; all committees meet via Zoom

We are happy to report that Waterfront Village Committees continue to provide feedback and input to Village staff. The committees are of particular value as we look to the next season. Fall programming and a new and updated website and database have all been on the agenda at recent committee meetings.

Volunteer & Member Services Committee (Thursday, September 2, 1:30 p.m.): reviews services that are available to members and recruits and provides support for volunteers.

Membership Committee (Tuesday, September 21, 11 a.m.): supports efforts to increase Village membership; provides feedback on outreach material; provides direct outreach efforts to various community groups

Program Committee (Tuesday, September 28th, 3 p.m.): provides suggestions for programs, activities and events; assists in making contact with outside organizations to plan events

Vendor Referral Committee (Monday, October 4, 1:30 p.m.): seeks to improve the number and quality of vendors in the Village's referral database; will design member survey to identify quality vendors and mechanism for assessing vendor performance.

For Causes You Cherish

While it's understandable to not want to talk about legacy plans, getting your inheritance wishes in order is one of the greatest gifts you can bestow upon your loved ones. If Waterfront Village is a cause you cherish, please use the link below to access information about the Village Legacy Society and planned giving opportunities. Call the Village on 202-656-1834 for more information.





Waterfront Village is a member of the DC Villages collaborative and the Village to Village Network, operating under the guidance of the District of Columbia Department of Aging and Community Living.

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