

•WATERFRONT•
VILLAGE



The Navigator

A neighborhood-based membership organization
of paid staff, volunteers, and vendors
supporting Southwest Waterfront and Navy Yard residents
who wish to age in place.

Issue 57- November 2021

Village House Tour Set to Thrill

Waterfront Village celebrates the architecture, people and stories that make Southwest DC great in its fourth annual home tour, ***Homes of the Southwest Waterfront***, which will be broadcast on consecutive Sundays, November 7 and November 14 at 4:00 p.m. The theme of the home tour is “Past, Present and Future,” and it will include historic, current and yet-to-be-constructed homes.



"I really hope a lot of Southwest residents get to see the tour this year. It is a gift to all of us who love the neighborhood," Waterfront Village President Carroll Quinn said.

The November 7 episode will open with a segment about the Thomas Law House. Built between 1794 and 1796, the Law House has weathered the history of the capital city from colonial times to the present. The developer of the property was a syndicate headed by James Greenleaf, an early land speculator in the District of Columbia. In March 1796, Thomas Law moved into the house after his marriage to Martha Washington's eldest granddaughter, Eliza Parke Custis.

The second episode on November 14 will be anchored by a thrilling insider's tour of Phase 2 of the Wharf project, which is currently under construction. The Wharf has been described as a location where inspiring spaces spill into breathtaking views. With the unique designs of the Phase 2 buildings and their pivotal location along Maine Avenue SW providing direct water views southward down the Washington Channel, the project will garner plenty of attention when completed.

"The two episodes reinforce the notion that each generation makes its own mark on a neighborhood. There is so much to learn from the past, and it's so important to dream about the future," Quinn said. "I personally think the present is pretty darn good, too."

In addition to the properties serving as the past and future bookends of the home tour, this year's tour features the incredible personal accounts of homeowners in the townhomes, apartments and houseboats of Southwest DC.

Click the button below to register for the home tour episodes.

Home Tour
Registration



Waterfront Village Celebrates Birthday of DC-born Conductor John Philip Sousa

Waterfront Village will join the "President's Own" United States Marine Band in celebrating the band's 17th Director, John Philip Sousa, at Congressional Cemetery on November 6, 2021 at 10:30 a.m. The special morning program marks the 167th anniversary of Sousa's birth.

This multi-faceted experience will begin with a word from John Philip Sousa himself, as voiced by an historical reenactor. Sousa was born in Washington, DC, in 1854 and began his musical career as a violin player. His father enlisted him in the Marine Corps Band as an apprentice in 1868 when he was just 13 years old. After a brief period of time spent performing and conducting outside of the military, Sousa returned as the director of the Marine Corps Band. Sousa wrote over 130 marches, in addition to many other pieces of music.

Next, we'll enjoy a treat for the ears, as we take in a concert by the Marine

Corps Band, featuring some of the beautiful compositions penned by the composer. Sousa grew up with the Marine Band, and his intimate knowledge of the band coupled with his great ability provided the ideal medium to showcase the marches which would earn him the title, the "March King."

Finally, at the conclusion of the concert, we will be joined by a Congressional Cemetery docent for a private tour. There are many interesting people buried at the cemetery, and the tour will highlight the history of the cemetery and those buried within its borders. Notable dead at Congressional include Elbridge Gerry, Vice President under President James Madison and the only signer of the Declaration of Independence to be buried in DC. Longtime FBI Director J. Edgar Hoover is also buried there.

Please note that the grounds and pathways at Congressional Cemetery are not always evenly paved and may be challenging for those with physical limitations. Please consider this as you make your decision to join us. In addition, the cemetery will not provide seating although you are invited to bring your own folding chair. The program is expected to last one hour.

The Village is requesting that you register for this event in advance. Transportation will be coordinated directly with registrants. If you have any special transportation needs, please send an email to Pam Troutman at ptroutman@dcwaterfrontvillage.org.

Gobble Gobble! Thanksgiving is almost here!

Are you interested in connecting with Waterfront Village friends to celebrate Thanksgiving? We need your rsvp as soon as possible. Please complete the survey below by Wednesday, November 3rd so we can make our plans!



[Thanksgiving Survey](#)



Waterfront Village Supports Educators in Our Community

Keeping in line with the Village's commitment to promote community service and volunteerism among our members, Waterfront Village seeks member contributions for a "basket of thanks" for educators and staff at the Jefferson Middle School Academy. This basket will include a thank you note for each employee at the school. We know that teachers and support staff have gone to extraordinary lengths in the past eighteen months to support students, and this is a chance for the community to extend our appreciation to them.

The Village is seeking member volunteers to meet on Monday, November 15th at 800 Maine Street to write the notes. If you would be willing to write some notes, but would prefer to do it from your home, please let us know, and we can drop off blank cards to you. In total, we will need 150 notes!

The Village is also accepting donations of granola bars and other healthy, non-perishable snacks (protein bars, nuts, dried fruit, individually packaged) that will be included with our notes. The Village will be happy to pick up donations from you. Please contact Pam Troutman by calling 202-656-1834 or send an email to ptroutman@dcwaterfrontvillage.org to arrange a pick-up by Friday November 12!

Grant Writing and Development Volunteers Sought

Waterfront Village needs volunteer grant writers to support our development team. Waterfront Village can do much more to support older adults in the Southwest DC and Navy Yard area, but we cannot achieve our goals without additional resources. Grant writing expertise will help the Village compete for specific grants from public and private institutions.

The Village is seeking a grant writer(s) with a demonstrated record of professional success in non-profit grant writing or a bachelor's degree in communications, English, creative writing or a similar major. Outstanding grammar and research skills are essential, and candidates for this volunteer position should work well under pressure to meet tight deadlines.

This is an unpaid, part-time position and can be tailored to fit your schedule. If you are interested in joining our development team as a grant writer, please contact the Village at 202-656-1834 or at info@dcwaterfrontvillage.org



Part 3 of the Village's Safety Series

Fall Prevention and Fall Management Question and Answer Session

Wednesday, November 3rd, 1:00pm via Zoom

Melissa Bressler, Occupational Therapist with HandyPro will join us to discuss the many ways you can take active steps to prevent falls. She will also address what to do in the event of a fall. One in four older adults reports having fallen. There are many ways to reduce your risk of falls, and we hope you will take advantage of this program.

Music and Movement

Thursdays at 11:00 a.m.

We are happy to announce a new program, Music and Movement, offered in partnership with Chevy Chase at Home. This is a terrific program that features chair exercises, though it can also be done while standing. The program highlights a variety of familiar music that makes for a fun way to spend an hour!



This program meets on Thursdays at 11:00 a.m. via Zoom. Contact Pam Troutman at the office to register by calling 202-656-1834 or sending an email to: ptroutman@dcwaterfrontvillage.org



Please Register for Events

Please be sure to register for events on the Waterfront Village website or call the office at 202-656-1834 for help with registration. Your registration helps us gather accurate information about what programs are of interest to you, our members, and also assists us with reporting out to our various sources of funding. Thank you!

CALENDAR OF EVENTS

Building a Life Plan to Age in Place Friday, November 5th, 1:00 p.m Via Zoom

This hour-long seminar will feature an outstanding panel of social workers, case managers, and representatives from a variety of home care agencies. If you are looking for a one-stop opportunity to hear multiple perspectives on the process of planning for aging in place, this looks to be a great program. Register by clicking the button below.

If you are not available at this time, the program will be recorded and provided, but you still must register in advance.

Aging in Place by Chevy Chase at
Home

Girlhood: It's Complicated!

**American History Museum Trip
Monday, November 8, 10:00 a.m**



We'll head to the American History Museum to take in a terrific exhibit entitled "Girlhood: It's Complicated." This exhibit features sections on news and politics, education, wellness, work, and fashion, as well as biographical stories called "A Girls Life." What do you remember about your own girlhood? What is it like to be a girl today? We'll enjoy the morning at the museum and a chance to explore the journey of girlhood together.

If you are interested, please register online. Options for transportation include the metro to Federal Triangle or the Wharf Shuttle to Independence Avenue and a 13-minute walk to the museum. We will meet at 10:00am at the museum. We look forward to seeing you there!

Interested in this exhibit but not able to make the trip? Here's a link to the online version of the Girlhood Exhibit! It is a great way to preview the exhibit as well!

Girlhood: It's
Complicated!



Puzzle Exchange

**Tuesday November 9, 12:30 p.m. until 2:00 p.m.
800 Maine Avenue SW 2nd floor**

Get ready for winter with some fresh puzzles! Do you like 1000-piece or 500-piece? Have you ever completed a 3D puzzle? Do you prefer pictures of art or nature? Or do you just want to clear your house of puzzle boxes you never intend to use again?

Bring your used puzzles to the Waterfront Village office and pick up a few new ones! Please invite your friends to this open puzzle social!

PLEASE REGISTER ONLINE SO THAT WE CAN KNOW TO EXPECT YOU!

Member Briefing and Website Update

Wednesday November 10, 10:30 a.m. via Zoom

The Village will soon be replacing its website. We are pleased to conduct member briefings about the new site and what it offers to you, beginning this month. We plan to provide regular updates and training on the site as we begin the transition.



This month, we'll take a look at the new website, which will be hosted by Helpful Village. This company provides website and people management services for many of the other DC Villages. This website and membership platform will provide the public with a new, cleaner website experience. We believe it will be easier for members to navigate while strengthening record keeping and reporting.



Teacher Appreciation Event **Monday, November 15th, 12:30pm**

Please support our local teachers by stopping by the Waterfront Village office to write a few thank-you notes or drop off a box of granola bars for the teachers at Jefferson Middle School Academy!

The Native History of Washington, Luncheon, Lecture and Concert at The Arts Club of Washington

Wednesday, November 17 at 11:15 a.m.

The Arts Club of Washington

We are pleased to offer this Arts Club event, "The Native History of Washington," which will highlight Native American History and sites in the District of Columbia. This program is a wonderful way to give voice to a history and people group that was largely silenced. This lunch, lecture, and concert will feature historian Armand Lione, who will share some of the history, a Native American-themed meal, and a spectacular cello performance that will spotlight Native American compositions.

You must register online for this event. The cost for the dinner is \$30. Please register by Monday November 8th.

Village Book Club

Klara and the Sun

Thursday, November 18, 2 p.m.

Recreation Pier near Hank's Oyster Bar

Klara and the Sun, by Kazuo Ishiguro, explores the topics of love and loneliness, connection and community, through the lens of Klara, an Artificial Friend (referred to as AF's throughout the novel) who hopes to be chosen by a customer. Technology and artificial intelligence and the role that they play in our lives and future, and their impact on the way we connect with one another are all part of this story. Ishiguro's prose has been described as "soft and quiet." This book will touch your heart and your mind with its gentle but urgent questions.





Special December Event Preview....

Yang Jianli Human Rights Leader Wednesday, December 8th

Mark your calendars now for a very special guest; Yang Jianli, Chinese dissident, pro-democracy activist, author, who spent five years in a Chinese prison, will be sharing his story with Waterfront Village. Jianli has spoken before the Geneva Summit for Human Rights and Democracy and UN Watch, part of the United Nations Human Rights Council.

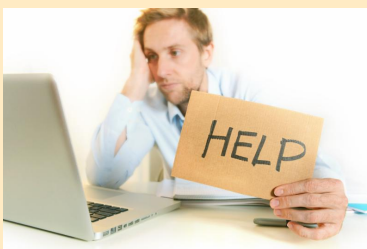
This important leader is one of our neighbors in Southwest, and we are thrilled to offer our members the chance to hear Jianli's story, from Tiananmen Square, to his current work. This is a very special opportunity. This program will be offered in-person and via zoom.

RECURRING EVENTS

Village Walking Club Tuesdays at 9:30 a.m. Location: Meet at 4th and M Street

Please note the new day and time!

Join other Village members for strolls around the neighborhood. We will try to keep the walks different from week to week, and have a short option as well as a long option. Please remember to register as a walker each week on the Village website. Walks may be cancelled due to weather conditions. Meet at the Farmer's Market by the Waterfront Metro Station.



Technology Boot Camp Wednesdays, November 3 & 17 at 3:00 p.m. Location: Zoom Session

Lacking confidence in your ability to use videoconferencing platforms, or hoping to use your smart phone for more things? Attend these meetings with our technology team for conversation and get helpful hints on how to use computers, smart phones, televisions, and tablets.

Grocery Shopping Shuttle

Thursdays at 1:00 p.m.

Join us on Thursdays for a trip to Harris Teeter! We are happy to provide a grocery shuttle to Harris Teeter and back. Register for this service on the Village website or email Pam at ptroutman@dcwaterfrontvillage.org

This program is currently available for full members; we will keep you posted if we can offer it for all members in the future! Harris Teeter offers a 5 percent discount on all purchases made on Thursdays.



Chair Yoga with CHV

Thursdays at 4:00 p.m.

Location: Zoom Session

Chair Yoga is a version of Yoga that does not depend as much on balance and strength but still provides movement and flexibility exercises. Led by Capitol Hill Village.



Alzheimer's Support Group

Location: Zoom Session

Please note that the November meeting for this group will be delayed a week due to the Thanksgiving Holiday; it will meet on Thursday December 2.

If you or someone you know is caring for a relative with Alzheimer's Disease please know we are here for you! Taking care of yourself is critical; connecting with others who are going through this journey is one of the best ways to get needed assurance and support. This monthly group currently meets via zoom. For information on the meeting, please email Carroll Quinn at: sequin643@gmail.com.

Village Happy Hour

Fridays at 5:00 p.m. via Zoom

After a long week, come unwind with your neighbors over drinks, snacks, and gossip. Invite your friends to join you. On the last Friday of the month, get a special preview of the upcoming month's Village events.



Waterfront Village Committees

See listing below for dates and times; all committees meet via Zoom

We are happy to report that Waterfront Village Committees continue to provide feedback and input to Village staff. The committees are of particular value as we look to the next season. Fall programming and a new and updated website and database have all been on the agenda at recent committee meetings.

Volunteer & Member Services Committee (Thursday, November 4, 1:30 p.m.): reviews services that are available to members and recruits and provides support for volunteers.

Membership Committee (Tuesday, November 16, 11 a.m.): supports efforts to increase Village membership; provides feedback on outreach material; provides direct outreach efforts to various community groups

Program Committee (tentative date: Tuesday, November 23, 3 p.m.): provides suggestions for programs, activities and events; assists in making contact with outside organizations to plan events

Three easy ways to register for and attend Village events:

1. Log into our website and hit the Events tab to learn more, and then RSVP online*
2. Email your request to: ptroutman@dcwaterfrontvillage.org
3. Call the Village at 202-656-1834

Check the Village's daily email for Zoom meeting links.

***Call 866-457-2582 weekdays 8:30 am - 7 pm for help with your online registrations**



Thank you to our members renewing during the month of October:

Bonnie and Gene Harris
Gale Kaufman
Vreni Peters
Ellen Spencer
Kathy Trickey

Special welcome to new members joining in October:

Audrey Hinton
Diann Rose
Amanda Taylor
Riva Wine

For Causes You Cherish

While it's understandable to not want to talk about legacy plans, getting your inheritance wishes in order is one of the greatest gifts you can bestow upon your loved ones. If Waterfront Village is a cause you cherish, please use the link below to access information about the Village Legacy Society and planned giving opportunities. Call the Village on 202-656-1834 for more information.



Waterfront Village is a member of the DC Villages collaborative and the Village to Village Network, operating under the guidance of the District of Columbia Department of Aging and Community Living.

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