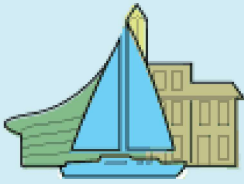


• WATERFRONT •
VILLAGE



The Navigator

A neighborhood-based membership organization
of paid staff, volunteers, and vendors
supporting Southwest Waterfront and Navy Yard residents
who wish to age in place.

Issue 66- August 2022



Village Celebrates National Senior Citizen Day (Week)

Waterfront Village planned to hold an event for National Senior Citizen Day, but there were so many good ideas, we extended the celebration to a full week.

"We are so pleased to offer our members a full week of activities to celebrate older Americans," said Len Bechtel, executive director of the Village. "We couldn't be happier with the slate of activities because there is something for everyone."

In 1988, President Ronald Reagan proclaimed National Senior Citizens Day to raise awareness about issues that affect senior citizens and their quality of life. It is held each year on August 21, prompting an array of community events to celebrate the contribution of the older adults.

The Village celebration will take place the week on August 21. Specific events are described below:



August 22 Village Peach Festival

Every August, the best desserts start with the word "peach". The Village will hold its inaugural peach festival with peach pie, peaches and ice cream, or other sweets to celebrate the most popular summer fruit in America.



August 23 Dr. Andrew Billingsley Presents the Life of Robert Smalls

Village Member Andrew Billingsley, who spent his long career in academia as a sociologist, author, lecturer, professor and administrator, brings to life the incredible story of civil war hero Robert Smalls. While a man of many talents and accomplishments, he is best known for freeing himself, his crew, and their families during the American Civil War by commandeering a Confederate transport ship, *CSS Planter*, in Charleston harbor, on May 13, 1862, and sailing it from Confederate-controlled waters of the harbor to the U.S. blockade that surrounded it.



August 24 Introduction to Pickleball

Waterfront Village will be bringing in the experts to provide members with a basic understanding of pickleball. You will learn the rules, strategies and insights into the game taking America by storm. The training session will include video and hands-on instruction.



August 25 Presidential Tea at Hillwood

One of the most beautiful homes in DC, Hillwood is the perfect place to hold a tea on a summer afternoon. Join Waterfront Village President Carroll Quinn for tea, sandwiches and sweets with a view of the amazing gardens that made Hillwood of local favorite spot.



August 26 Happy Hour at Boardwalk

The Boardwalk is always a great place for an AUGUST happy hour. Join other Village members for fun drinks and great company at the Boardwalk restaurant at the Wharf. The restaurant seeks to bring the magic of the shore to Southwest.

Please check the Village website to register for events and to get updates on dates and starting times.



MIRACLE MOVIE MONDAYS

Local Theatre Hosts Film Series for Villages

With with forecasts indicating a steamy August, where else better to keep cool that before the silver screen? In partnership with Miracle Theatre at Barracks Row, the Village will host three of the top movies of 2022 during the month.

"We are so happy to have this arrangement with Miracle Theatre. The arrangement gives our members a theatre that is easy to reach and in which we know filmgoers are vaccinated," said Pam Troutman, the Villages assistant director for member services.

With more than 300 seats, the theater gives Village members the room to social distance. All participants must be fully vaccinated and are urged to administer an at-home COVID test on the day of the movie. Anyone feeling ill should not attend the movie screening and follow guidance for seeking care. Masks are recommended whenever participants are not eating or drinking.

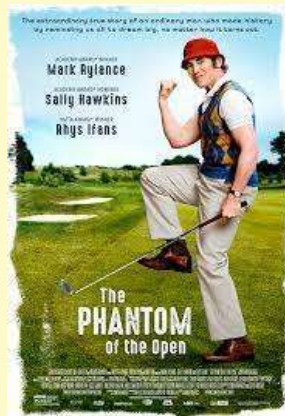
The theater is located at at 535 8th Street SE and can be conveniently reached by either subway (Eastern Market Station) or by the Circulator Bus (G Street stop).

All three movies are scheduled to start at 1:00 p.m., giving participants an opportunity to grab lunch before the movie or hit happy hour afterwards at one of the many Barracks Row restaurants.

We hope you'll come out and join us! Transportation is on your own and tickets can be purchased at the theater. Please register on the Village website, so we know how many viewers to expect. The three movies are as follows:

August 1st, Phantom of the Open, 1:00 p.m. \$6.00 per ticket!

This is the true tale of a crane-operator who has never golfed who finds himself entered into the British Open qualifier! This is an uplifting and inspiring comedy that underscores the importance of family and never giving up on your dreams.



August 15, Mrs. Harris Goes to Paris, 1:00 p.m.

This is more than just the story of a woman and a dress, it is the story of a widow who chases her joy and manages to spread that joy to others once she finds it!



August 29, Top Gun: Maverick, 1:00 p.m.

Everyone remembers the iconic film from the 80's. The new film is considered to be better than the original and has sold more tickets than any other movie in 2022.



Waterfront Village Monthly Coffee Drop-in Wednesday, August 10, 10:00 a.m.

Staying connected is so important for wellness!
Come out to this gathering to meet up with
other members and catch up with one another.



Volunteer Information and Orientation Session Via zoom Monday August 15 at 6:30 p.m.

Volunteers are at the heart of the work of Waterfront Village as we strive to support neighbors helping neighbors! We could not support older adults in this neighborhood without our amazing volunteers.

Are you a village member who has considered volunteering? Are you a long-

time volunteer who would like a refresher on your volunteer training? Or are you a brand new volunteer? Any and all are welcome at this zoom session. Email Pam at ptroutman@dcwaterfrontvillage to register or register on our website.

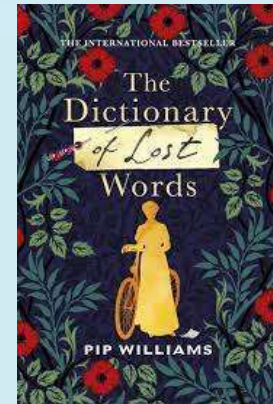
Book Club

The Dictionary of Lost Words

August 18, 2:00 p.m.

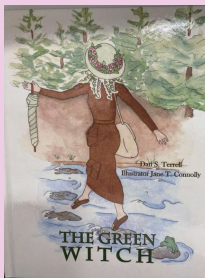
Southwest Library and via Zoom

This is the story of Esme, whose father is compiling the first Oxford English Dictionary. Esme grows up surrounded by words, and over time she realizes that all words are not valued equally. Thus Esme begins to create a dictionary of lost words.



This book by Pip Williams has been described as "a delightful, lyrical, and deeply thought-provoking celebration of words, and the power of language to shape the world and our experience of it." This book is set at the height of the women's suffrage movement.

Waterfront Village's Book Club welcome new members at any time. Please stop by and join us!



Waterfront Village Member Jane Connolly Issues Second Book -- The Green Witch

Congratulations to member Jane Connolly on the publication of her second book, *The Green Witch*, which she illustrated in collaboration with her brother and writer Dan Terrell. This is the second book to feature the adventures of Annika and Martin, as they work with the good Green Witch to save Albrecht! Earlier in her career, Jane worked in the fine arts community, in particular, in movie production, but found a love for watercolors when she settled in DC. The sibling's first book was 2020's *The Little Kobold*, and she is excited to have had the chance to work on a second book. *Contact the Village on 202-656-1834 if you wish to purchase the book.*

RECURRING EVENTS

Village Walking Club

Tuesdays at 8:30 a.m.

Location: Meet at 4th and M Street



These walks will remain local walks, and there is always the opportunity to do a shorter walk! We want these walks to be enjoyable for as many members who want to stroll the neighborhood. Check your email or call the office at 202-656-1834 if the weather is questionable.



Technology Support Sessions

Wednesdays, August 3 and 10 at 3:00 p.m.

Location: Zoom Session

Lacking confidence in your ability to use videoconferencing platforms, or hoping to use your smart phone for more things? Attend these meetings with our technology team for conversation and get helpful hints on how to use computers, smart phones, televisions, and tablets.

Grocery Shopping Shuttle

Thursdays at 1:00 p.m.

Join us on Thursdays for a trip to Harris Teeter! We are happy to provide a grocery shuttle to Harris Teeter and back. Register for this service on the Village website or email Pam at ptroutman@dcwaterfrontvillage.org

This program is currently available for full members; we will keep you posted if we can offer it for all members in the future! Harris Teeter offers a 5 percent discount on all purchases made on Thursdays.



Alzheimer's Support Group

August 25 at 11:00 a.m. via zoom and in-person

Are you caring for and/or living with someone experiencing cognitive impairment or some form of dementia? Sharing your experiences and concerns with other caregivers helps one cope.

Join other caregivers from the Southwest area on the fourth Thursday of every month from 11 am to 12 noon to support one another. Groups are facilitated by Village member Carroll Quinn, a retired nurse and Vickie Henrickson, a retired social worker and also a Village volunteer. Both have had personal experiences with dementia caregiving.

We meet in a private conference room at St. Mathew Church and our discussions are kept confidential. If you have questions, contact Vickie Henrikson at 202-251-7117 or Carroll Quinn 513-673-9921, or email Pam at ptroutman@dcwaterfrontvillage.org



**Thank you to our members
renewing during the month of
July:**

Amy Billingsley
Andrew Billingsley
Joyce Bouvier
Jane Connolly
Judy Judd-Price
Mary Moran

**Special Welcome to New
Members Joining Us in July:**

Al Horne
Anne Horne
Rhonda Moore

We may not say it enough, but we appreciate the participation of all our members.
Thank you for your support.

Need help paying for your Waterfront Village membership?

Through a grant provided by Friends of Southwest DC, the Village is able to offer subsidized memberships to older adults with limited incomes.

Please call the Village on 202-656-1834 if you would like to discuss how to qualify for a reduced-rate membership.

For Causes You Cherish

While it's understandable to not want to talk about legacy plans, getting your inheritance wishes in order is one of the greatest gifts you can bestow upon your loved ones. If Waterfront Village is a cause you cherish, please use the link below to access information about the Village Legacy Society and planned giving opportunities. Send an email or call the Village on 202-656-1834 if you have any questions or would like additional information.



New Village Mailing Address

Please note that the Waterfront Village mailing address has been changed, and all mail should be sent to:

Waterfront Village
P.O. Box 70372
Washington, DC 20024



Waterfront Village is a 501(c)(3) public charity (EIN 81-1859871) incorporated in the District of Columbia is a member of the DC Villages collaborative and the Village to Village Network, operating under the guidance of the District of Columbia Department of Aging and Community Living.

Leonard Bechtel
Executive Director

Carroll Quinn
President

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202-656-1834 info@dcwaterfrontvillage.org
www.dewaterfrontvillage.org